

# MEN WILL LIVE LONGER IN 2023

Physician Says Average Life Ought to Be at Least a Century.

The average human life can be lengthened to one hundred years during the next century if we use our intelligence in caring for our bodies, according to Dr. Eugene Lyman Fisk, eminent health authority, who looks ahead for readers of The Washington Times to see what the future holds in store.

By EUGENE LYMAN FISK, M. D., Medical Director, Life Extension Institute, New York.

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NEW YORK, Dec. 30.—By 2023 the average life of man could be increased to 100 years. In individual cases it could be increased to 150, perhaps 200 years.

There is no biological law to limit the life span. Science has already increased the life span of certain animal organisms 900 times.

During the past years have been added to the life of man, due to progress in medical science and sanitation.

It is possible for science to bring about an additional increase in life's span during the next century, as well as place life on a much higher plane.

The age of youth might be carried up to thirty years and man's capacity for work maintained until he is seventy or eighty. The physical appearance of human beings might also be changed to some extent.

I do not say that all this will happen by 2023, but I say it is possible.

Physical Changes.

Assuming that science is not checked in its researches, I am willing to predict without fear of contradiction in the dim ages, that in the course of 500 years the human race will present changes as to physical condition as well as environment, that will render human society entirely unrecognizable to those of the present era.

In other words, we must view the possibility of a super-existence in which there necessarily would be struggle and suffering and conflict, but an enormously amplified physical and living capacity wholly beyond the criteria now in our possession for judging the worthwhileness of life.

By that time communication with other planets, which is now being discussed, might be carried to the point of relieving the world of surplus population by means of express projectiles directed to some favorably-situated planet.

Time Means Nothing.

The passing of time does not bring about man's death. Time has nothing to do with it. Barriers of age or injury or living capacity through their structure or their adaptation; because they are poisoned, infected or deprived of essential factors that maintain life.

Dr. Alexis Carrel, of the Rockefeller Foundation, twelve years ago connected a chicken embryo. Since then he has kept it alive in his laboratory and it has constantly reproduced other tissue. Dr. Carrel periodically washed the cells and protected them from infection or adverse external factors of any kind. In short he protected them from what it is inaccurately called "the ravages of time."

The same care and protection could be applied to human beings, not so effectively, however, because human beings are so much more complex.

At the present time the human being stands in great need of care and scientific help if the race is not to degenerate.

Our showing at the start of 1923 is nothing to boast of, in fact we stand humiliated before the brute creation.

What can we, as thinking organisms, report to the jungle animals as to our custody of human bodies and human lives? True, we have cut down the death rate, both in war and peace, from certain diseases, while at the same time increasing the efficiency of our engines of destruction. We have cut down the death rate in places formerly pestilential. But the fact that we talk so much about these things is the ages of ignorance and neglect through which we have passed, while deceiving ourselves with the mechanical trappings of civilization.

Man in Poor Shape.

In spite of science, culture and the intellect of man, the "genus homo" is carrying at present a greater burden of disease, misery and starvation than any other animal organism.

Out of 250,000 physical examinations at the Life Extension Institute, not a single perfect man or woman has been found.

It may seem that with the present record of the human race, little hope can be looked for in the future. I do not believe that is true. Tremendous strides can be made once the public consciousness is aroused.

The human body should be audited periodically, just as businesses are overhauled. An eugenics is a science to reckon with. If man's intelligence cannot, in the course of time, reduce the stream of gross deficiency by some means of controlling breeding, then will the real job have to be left to some higher race of organisms yet to appear.

# JEAN ELIOT'S NEWS AND GOSSIP OF SOCIETY

## "Cabinet Making" Now Popular Sport

WITH the approach of March 4, the half way mark in President Harding's first term, "Cabinet making" is a popular sport just now. Rumors crop up that Daugherty is to resign—and Fall and Hoover that former Senator Kellogg is to have a Cabinet appointment—or former Senator Harry New, or Carmi Thompson or any one of a host of other lame ducks who are looking to the "little father" of all good Republicans for comfort.

But—out of the welter of gossip the one statement which seems to have the earmarks of truth is that the Secretary of the Interior, Albert B. Fall, is to go out on March 4. The Attorney General, Mr. Daugherty, has denied categorically that he is to resign—although one has learned not to take much stock in such diplomatic denials—but Mr. Fall has been carefully refrained from issuing any such statement.

It is admitted in those "authoritative quarters" which one hears so much about that Mr. Fall is going, and the usual reason, and the necessity for looking after his own business interests, is given with an emphatic denial that there has been any friction in the Cabinet or between Mr. Fall and the President. But—well, in the case of Cabinet dismemberment it's much like the case of a court illness—the king is never ill unless he is dying.

The loss of Fall will probably create less of a ripple in the social sea than would the departure of any other Cabinet member. Not that they are not pleasant and popular, but both the Secretary and Mr. Fall have been much out of Washington since his appointment to the Cabinet, and they have not gone into very heavily for society. Moreover, even during Secretary Fall's long service in the Senate, he and his wife were not as closely identified with official life here as were many of the Senator's colleagues.

Secretary and Mrs. Fall are expected in town this afternoon after spending Christmas with their son-in-law and daughter, Mr. and Mrs. Brant Elliott, in Port Conway, Va.

SCENE: The Senate Chamber.

It might have been any day since Senator Borah introduced his amendment on the calling of an economic conference. But it changed to yesterday. The galleries crowded and much in need of restraint, for they kept bursting into laughter and applause at the sallies which peppered the lively debate.

Mrs. Coolidge was there—indeed, she's done nothing much this week except play courtesan to her boys and "be in" on the discussion at the Senate. Also, Mrs. Nicholas Longworth. She's almost always on hand when there's anything doing at the Senate, and always without qualification—whether Senator Borah's going to speak. Of course, he held forth yesterday, defending his measure, but the high lights of the debate were the speeches by his one-time confederates, Johnson and Watson, and those who are now arrayed on the other side.

Sensor Moses made an exceedingly witty address and Senator Watson was fiery until Borah pulled his teeth by withdrawing his amendment. The cells and Johnson was in the gallery and so were Mrs. Moses and Mrs. Watson. Other Senatorial women looking on were Mrs. Lawrence Phillips, Mrs. Henry Wilder Keyes, Mrs. John W. Harrell, Mrs. Edwin F. Ladd, and Mrs. Robert N. Stanfield. Also there were Mrs. Charles Boughton Wood and Mrs. Walter Schoellkopf and a number of other unofficial women who are interested in politics.

Coolidges To Be Guests Of Congressional Club.

The Congressional Club has sent out invitations for a reception in honor of the Vice President and Mrs. Coolidge, to be held on the evening of January 1.

Miss Allie Mellon, daughter of the Secretary of the Treasury, will reach Washington this afternoon after spending the Christmas holidays in Pittsburgh. Secretary Mellon, who also was in Pittsburgh for Christmas, reached Washington on Thursday.

Justice and Mrs. Sutherland To Be Guests of Ellises.

Mr. and Mrs. Wade Ellis will entertain a company of fourteen at dinner at their residence in Massachusetts avenue tonight in honor of Justice and Mrs. George Sutherland.

Mr. and Mrs. Ellis will give a luncheon tomorrow for Judge and Mrs. Harry Bingham, of New Hampshire. Judge Bingham is the son of former Justice Bingham, of the District Supreme bench.

Mr. and Mrs. Pierce Butler and Miss Margaret Butler have arrived from St. Paul, Minn., and are at the Shoreham. Mr. Butler will be sworn in on Tuesday as Justice of the Supreme Court.

Surgeon General and Mrs. Hugh S. Clegg will entertain at LeParadis at dinner tonight in compliance with Chow Tschui, former prime minister



MISS ELIZABETH BRYSON  
Of Los Angeles, California, are spending the holidays in Washington and are stopping with their mother, Mrs. Blanche E. Bryson at the Wardman Park Hotel. They both recently graduated from the Cummock School of Expression of Los Angeles and will continue their studies in Boston after the New Year. During their visit here they have been much feted.

of China, and Tung Tsin Kang, former minister of finance.

New Year Eve To Be Celebrated at Chevy Chase.

New Year eve will be celebrated tonight at the Chevy Chase Club and a number of merry parties have been arranged for the dinner dance. Mr. and Mrs. John L. Edwards are entertaining for their debutante daughter, Miss Virginia Edwards, and in compliment to Miss Josephine Willford, Dr. and Mrs. Rhett Stuart, who will have a party of young people for their daughter, Miss Carolyn Rhett Stuart; Mr. and Mrs. James Green, who will have a party of thirty-four in honor of Mrs. Victor Kauffmann, Dr. and Mrs. Davenport White and Commander and Mrs. Emory Land, who will entertain in honor of their guests, Miss Dorothy Batchelder.

Another interesting party will be given by Mr. and Mrs. Ernest George Walker for their son, Marvin Walker, who is home from Harvard University for the holidays. Among the guests will be three of his college mates, Augustus Taylor, of California, and Reginald Vance, of Fredericksburg, who are visiting Mr. and Mrs. Walker, and Bourne Haynes, of California, who is staying with Mr. and Mrs. John Hays Hammond.

Mrs. Cornelius Vanderbilt will come to Washington January 16 to make an extended stay and will stop at Wardman Park Hotel. Her apartment at 1215 Sixteenth street is occupied by her grandson and his wife, Mr. and Mrs. Cornelius Vanderbilt, Jr.

Mrs. Wood To Give Tea Dance for Niece.

Mrs. Charles Boughton Wood will entertain a company of about eighty young people at tea this afternoon at LeParadis in honor of Major and Mrs. Robert Charles Frederick Goetz, who are spending the holidays with her. Mrs. Goetz was Miss Antoinette Graves, a niece of Mrs. Wood. Major Goetz is professor of military tactics at Harvard University.

Mrs. Nathaniel B. Dial, wife of the Senator from South Carolina, will take a party of ten young people, friends of her younger children, to the Tabard Inn, on N. street, for the tea dance this afternoon.

Miss Hope Summers, daughter of Congressman John W. Summers, will entertain a company at tea at Wardman Park Hotel this afternoon in honor of her guest, Miss Claire Mojonier, of Walla Walla, Wash., who is studying under Hutchinson in New York. Miss Mojonier will remain with Miss Summers until Tuesday.

The guests are Mrs. Shayne, Miss Gretchen Campbell, Miss Elizabeth Perrin, Miss Elizabeth Clark, Miss Iris Hawley, Miss Virginia Campbell, Miss Harriet Mitchell, Miss Constance Towner, Miss Mildred Kemp, from Walla Walla, Miss Anne Garrecht, from Spokane, and Miss Alice Martinez, of Porto Rico, who is visiting her brother-in-law and sister, Senator and Senora Cordova Villa, for the winter season.

Congressman and Mrs. Lindley H. Hadley will entertain at dinner tonight at Congress Hall Hotel in compliment to Congressman and Mrs. Summers, Miss Summers, and their guest.

The wedding of Leo H. Graves, son of Mr. and Mrs. L. H. Graves, and Miss Mae Katherine Caslow, daughter of Mr. and Mrs. W. H. Caslow, of El Nido, Va., took place at Williamsport, Md., Christmas night.

They were married by the Rev. Charles Seymour. Mr. and Mrs. Graves will reside in Williamsport, where the former is engaged in business.

Mr. and Mrs. John P. Story, Jr., accompanied by their two daughters, Miss Caroline Story and Miss Jacqueline Story, will sail next Saturday for St. Louis where they will visit their son-in-law and daughter, Capt. and Mrs. Roy R. Glen. Captain Glen, who was formerly attached to the British embassy here, is now with the embassy in Cairo.

Mr. and Mrs. Allan Dulles have as their guest for a week Miss Lisa Todd, of New York city, sister of Mrs. Dulles. Mrs. Dulles will entertain for her during her visit.

Comdr. and Mrs. John Dayton, of the Navy Yard, returned to Washington yesterday after spending Christmas in Mrs. Dayton's home in Virginia. Mrs. Dayton will be at home Monday afternoon from 3 to 4:30. Later she will visit Mrs. Charles McVey, who will be at home from 5 until 7.

Judge Charles B. Howry, who has been in New York for a few days, has joined Mrs. Howry in their apartment at the Lee House.

Brig. Gen. Ernest Hinds has gone to New York to join Mrs. Hinds at the Hotel Astor, where she has been for several days.

The national headquarters of the American Red Cross will be open, as usual tomorrow from 10 until 4 o'clock.

Mrs. George Ehle will be hostess for the day, and she will have as her assistants to meet the visitors and show them the many interesting exhibits in the museum, Miss Bew, Miss Brady, Miss Marion Trumbull, and Mr. Bilky.

Oliver Edwards and Malcolm Whitaker will entertain a party of their young friends at the tea dance at LeParadis this afternoon.

Mr. and Mrs. Frederick D. McKenny will entertain a company of forty at breakfast at 12 tomorrow

Mrs. Lewis Stewart and her daughter, Mrs. Frances Lewis Stewart, have returned to their suite at the Lee House, after having spent Christmas out of town.

Mr. and Mrs. Robert Lansing returned to town yesterday from Atlantic City, where they spent Christmas.

Mrs. Hampson Gary will entertain a small company of young people at LeParadis for tea this afternoon in compliment to her son and daughter, Franklin Gary and Miss Helen Gary, who are home from school for the holidays. Mr. and Mrs. Gary had guests luncheon with them at the Shoreham yesterday.

Congressman and Mrs. Cleveland Newton will entertain a company of about forty at their home tomorrow night at 8 o'clock to hear Miss Hope Summers read a program consisting of James Barrie's comedy, "The Twelve Pound Look," and a Christmas fantasy, "The Gift

of the Magi," by O. Henry. Miss Summers is a pupil of the Northwestern University School of Speech, and will return to Chicago on Tuesday afternoon to resume her studies.

Mr. and Mrs. Joseph Davies will give a dinner tonight for their daughter, Miss Eleanor Davies, at their home in Massachusetts avenue.

Mrs. Henry C. Corbin will entertain at dinner at her apartment in the Connecticut tonight in honor of her guest, Miss Florence Loomis, and of Dr. and Mrs. Blair Spencer, guests of Brig. Gen. and Mrs. John A. Johnston. Mrs. Spencer is the daughter of Mrs. Johnston.

Mrs. John B. Henderson entertained at dinner last evening when her guests were the Secretary of the Netherlands Legation and Mme. Hubrecht, the Military Attache of the Italian Embassy and Marquis di Bernozzo, the Secretary of the Italian Embassy and Mme. Celestia, Miss Louise Ireland, Mlle. Paule Dumont, Miss Barbara Stanfield, Miss Beatrice Henderson, the counsellor of the Swedish Legation, de Lagerberg, Renato Silenzi of the Italian Embassy, Mariano de Amodeo of the Spanish Embassy, and John B. Henderson, Jr.

Mr. and Mrs. Harley P. Wilson entertained at dinner last evening at their country place, Hollin Hall, near Alexandria. Among the guests were Mr. and Mrs. Ray Horton Arnold, Mr. and Mrs. Charles G. Pitts, Mr. and Mrs. G. Logan Payne, Mrs. Victor Kauffmann, Mrs. Muriel Lynch and Dr. Crichton.

Commissioner and Mrs. Rudolph were hosts at supper last night in their apartment at the Dresden.

Admiral and Mrs. William F. Fullam entertained at luncheon yesterday at the Hamilton when their guests included Mrs. E. H. G. Slater, Viscount and Viscountess Henri de Sibour, Leander McCormack, Goodhart, Herbert Stabler and Mrs. Emory Sands, daughter of Admiral and Mrs. Fullam.

Senator and Mrs. Oddie Return From Coast.

Senator and Mrs. Tasker L. Oddie have returned to Washington for the winter, having sailed from San Francisco after a visit in Nevada, and coming by way of the Panama canal.

They are at 2310 Connecticut avenue, where they will winter and brother-in-law, Mr. and Mrs. Vernon Goodwin, of Los Angeles, who sailed with them from San Francisco. Mr. Goodwin will remain in Washington for a month, while Mr. Goodwin expects to spend the winter here.

# MISS HANNA'S BALL Divides Interest With League

With the Junior League giving one of its popular "small and earlies" and Miss Elizabeth Hanna hostess at a small dance for Miss Caroline Story, the younger set lanced its way merrily through last evening.

Miss Hanna had about seventy-five guests, many of whom had been guests at various dinner parties beforehand. Miss Dora Parker, who had entertained for her brother, Chauncey G. Parker, and his fiancée, Miss Cecilia McCallum, took her guests to Miss Hanna's, her party including Miss Olive Graef, H. G. Thompson, Cort and Parker and Mr. and Mrs. A. I. Redway, Jr., the sister and brother-in-law of Miss Parker, who are spending the holidays here.

Before the dance Miss Story shared honors with Maj. and Mrs. Robert Goetz at a dinner given by Mrs. Thomas C. Trumbull for her daughter, Miss Marion Trumbull.

The dinners before the Junior League dance were numerous, among those who entertained being Rear Admiral and Mrs. David W. Taylor, for Miss May Taylor; Miss Elizabeth Young, for Miss Janet Harlan; Mr. and Mrs. David St. Pierre Galliard, for Mr. and Mrs. Delos Blodgett, 2nd, and Mr. and Mrs. James L. Walsh, Comdr. and Mrs. Emory Land and the Misses King, Comdr. and Mrs. Charles O. Bunker also took to the dance the guests from the supper party they had given for Miss Emma Stitt.

The Misses Veeder entertained at dinner last evening preceding the dance, in compliment to Miss Katherine Lenihan, daughter of Gen. Michael J. Lenihan. The guests included Miss May Gowin, Miss Mary Johnson, Miss Lucy Kinsolving, Miss Minnie Dutton, Miss Lucille Johnson, Miss Mary Emily Hamilton, Miss Helen Colbert, Miss Elizabeth Kemp, Mr. and Mrs. James H. Littlehale, Lowner Jackson, John Schoonmaker, George Echles, Lewis Jeffries, Walter Boyd, Maxwell Durant, Lieut. Philip Yeatman, Lauriston Hardin, Taylor Hardin, Frank Mackall, Commander Theodore Jewell, John Davidson, Heath Davidson, Eugene Carusi, James Hume and Nathaniel Scott.

Mrs. Montgomery Blair received at the dance, assisted by Miss Olive Graef and Miss Alice Mann.

Miss Fletcher to Wed Lieut. Reginald Hubbell.

Rear Admiral Frank T. Fletcher and Mrs. Fletcher announce the engagement of their daughter, Miss Sybil A. Fletcher, to Lieut. Reginald Hubbell, U. S. A. Lieutenant Hubbell is a son of Brig. Gen. Henry W. Hubbell.

Capt. George Steele, Jr., U. S. N., accompanied by his mother, Mrs. George W. Steele, of Marion, Ind., came to Washington yesterday for an indefinite stay. They have taken apartments at the Burlington Hotel.

ST. CLAIREVILLE, Ohio, Dec. 30.—The largest lemon ever seen here—measuring twelve inches long and one and one-quarter inches in circumference—grew on a tree here in the orchard of Miss Martha Vaughn.

# HOUGHTON GIRLS MAKE BERLIN DEBUT

Brilliant Assemblage Gives Daughters of U. S. Envoy Welcome to Society.

By KARL H. VON WIEGAND, Universal Service.

BERLIN, Dec. 30.—Four hundred dressed members of the diplomatic set and high German officialdom, and many representative Americans were the guests last night of the American ambassador and Mrs. Houghton at a ball given in honor of the debut of Matilda and Gratia, daughter and niece of the ambassador.

Not since the old Schwabach Palace, now home of the American embassy, was the rendezvous of the exclusive pre-war society of Berlin under its late mistress, has Berlin witnessed such a brilliant fete.

Ambassador Houghton is inaugurating a new social and diplomatic era, thus restoring American social prestige sadly weakened since Charlesmarque Tower and Marjorie Hill represented the United States at the court of the Kaiser.

In the receiving line, in addition to Mrs. Houghton and the two debutantes were Mrs. Arthur Houghton and Mrs. Glenn Cole, the married daughter of the ambassador, whose home is in Corning, N. Y.

The hostess wore a gown of all-very striped with blue banded in silver gray fox.

Mrs. Arthur Houghton wore a gown of silver brocade cloth, and her cousin's coming-out dress was a gold-banded net over a novel gold cloth. Both carried enormous rose-colored feather fans.

Mrs. Arthur Houghton wore a metal lace over silver cloth gown with blue and Mrs. Cole a gown which was a duplicate of that worn by her debutante sister. The rest of the ladies of the embassy showed a preference for alluring shades of colored chiffon velvet.

Among the guests were the German chancellor and Lady Dabernon, French Ambassador Magarics, General Sir Francis and Lady Bingham, General Nollet, and other chiefs of the inter-allied military control commission and practically the entire diplomatic corps and members of the allied mission. An American jazz band furnished the music. Christmas greens furnished an effective setting for the ball and a moving picture machine added color by flashing alternate shades on the dancing throng.

Biggest Ohio Lemon.

ST. CLAIREVILLE, Ohio, Dec. 30.—The largest lemon ever seen here—measuring twelve inches long and one and one-quarter inches in circumference—grew on a tree here in the orchard of Miss Martha Vaughn.

# Rare Raisin Pie

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Why bake at home?—you'll agree that you don't need to when you taste the pie they're making with delicious

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We are giving our patrons the best of real Chinese and American cooking for their Holiday Dinner. Why prepare your own meal when we can serve you the best at very reasonable prices? Arrange now for a special dinner party at special prices.

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